

# The Days of Awe

## 5772 – 2011

<b><i>SELICHOT</i></b>	<b><i>SATURDAY, SEPTEMBER 24</i></b>
Film & Study, Service and Social . . . . .	7:00 PM . . . . . Fireside Room/Sanctuary
<b><i>EREV ROSH HASHANAH</i></b>	<b><i>WEDNESDAY, SEPTEMBER 28</i></b>
Early Service . . . . .	6:00 PM . . . . . Sanctuary
Late Service . . . . .	8:30 PM . . . . . Sanctuary
<b><i>FIRST DAY ROSH HASHANAH</i></b>	<b><i>THURSDAY, SEPTEMBER 29</i></b>
Early Service (Family Friendly) . . . . .	8:30 AM . . . . . Sanctuary
Late Service . . . . .	11:00 AM . . . . . Sanctuary
Young Children's Service (Preschool) . . . . .	4:00 PM . . . . . Sanctuary
<b><i>SECOND DAY ROSH HASHANAH</i></b>	<b><i>FRIDAY, SEPTEMBER 30</i></b>
Morning Service . . . . .	10:00 AM . . . . . Sanctuary
<b><i>TASHLICH AND EREV SHABBAT SHUVAH SERVICE</i></b>	<b><i>FRIDAY, SEPTEMBER 30</i></b>
Tashlich Service and Outdoor Shabbat . . . . .	5:30 PM . . . Foster City Band Stage Area
<b><i>TASHLICH SERVICE AT THE BEACH</i></b>	<b><i>SUNDAY, OCTOBER 2</i></b>
Family Friendly Service . . . . .	9:30 AM . . . . . Poplar Beach
<b><i>KOL NIDRE</i></b>	<b><i>FRIDAY, OCTOBER 7</i></b>
Early Service . . . . .	6:00 PM . . . . . Sanctuary
Late Service . . . . .	8:30 PM . . . . . Sanctuary
<b><i>YOM KIPPUR</i></b>	<b><i>SATURDAY, OCTOBER 8</i></b>
Early Service (Family Friendly) . . . . .	8:30 AM . . . . . Sanctuary
Late Service . . . . .	11:00 AM . . . . . Sanctuary
Yom Kippur Study . . . . .	1:30 PM . . . . . Sanctuary
Reflective Time . . . . .	2:30 PM . . . . . Sanctuary
Contemplative Service . . . . .	3:30 PM . . . . . Sanctuary
Teen Led Service . . . . .	3:30 PM . . . . . Terrace
Musical Interlude . . . . .	4:45 PM . . . . . Sanctuary
Yizkor and Neilah Service . . . . .	5:00 PM . . . . . Sanctuary

# Your High Holy Days Journey at Beth El

Rabbi Dennis Eisner will be speaking during the evening services.

Rabbi Micah Citrin will speak during the Rosh Hashanah morning services and Rabbi Karen Citrin will speak during the Yom Kippur morning services.

## THERE WILL BE TWO SERVICES OFFERED FOR EACH EVENING ON ROSH HASHANAH AND YOM KIPPUR — 6:00 PM AND 8:30 PM

We welcome in the High Holy Days with inspirational liturgy and moving melodies.

Both services will feature our High Holy Days ensemble.

## NEW THIS YEAR

### TWO Morning Services on Rosh Hashanah and Yom Kippur

#### EARLY MORNING SERVICE (FAMILY FRIENDLY) - 8:30 – 10:00 AM

This service has been especially designed for our members with school-aged children. The service will provide an opportunity for families to pray and participate together, giving both the adults a personal and spiritual experience and their children a meaningful High Holy Days experience. An educational breakout program will be provided for children in K-3rd grades during part of the service. The service will include meaningful High Holy Days liturgy, music, Torah and Haftarah, and a sermon.

#### HIGH HOLY DAYS PULLOUT FOR CHILDREN GRADES K – 3 ON

#### ROSH HASHANAH AND YOM KIPPUR

A creative experience for younger grade school children will be held during the Torah service and sermon. Watch for online registration information.

#### LATE MORNING SERVICE – 11:00 – 1:00 PM

The late morning service on Rosh Hashanah and Yom Kippur will offer adults and teen members an opportunity to worship in a setting conducive to personal and spiritual introspection. The service will include meaningful High Holy Days liturgy, music, Torah and Haftarah, and a sermon.

**WE STRONGLY ENCOURAGE FAMILIES WITH SCHOOL AGE CHILDREN TO SELECT THE EARLY MORNING SERVICE. CHILD CARE WILL BE PROVIDED FOR INFANTS THROUGH PRE-SCHOOLERS ONLY. (See page 6 for details.)**

#### YOUNG CHILDREN'S SERVICE, ROSH HASHANAH – 4:00 PM

For families with pre-schoolers. This service is filled with songs and stories and a special children's prayer book, followed by apples and honey and a children's activity. The service is held in the main sanctuary and is open to the community.

#### SECOND DAY ROSH HASHANAH MORNING SERVICE – 10:00 AM

Join us for an intimate second day celebration of the New Year.

#### CONTEMPLATIVE YOM KIPPUR AFTERNOON SERVICE – 3:30 PM

Everyone is encouraged to participate in the Yom Kippur afternoon service. Through song and creative liturgy, this unique worship experience will allow us to deepen our prayers and continue opening our hearts to the sanctity of this sacred day.

#### TEEN LED YOM KIPPUR AFTERNOON SERVICE – 3:30 PM

This contemporary style, family-friendly service, skillfully conducted by our teens and members of our high school youth group, SMRTY (San Mateo Reform Temple Youth), includes creative readings, Torah Service, the Haftarah of Jonah, music and an engaging lesson. This service will be held on the Terrace.

#### YOM KIPPUR YIZKOR AND NEILAH SERVICE – 5:00 PM

Our afternoon memorial is a moving way to remember our loved ones. Yizkor will be followed by our concluding service, *neilah*, and *havdalah*. **Doors open at 4:45 pm.**

# Prayer ✧ Study ✧ Community



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## ***MEDITATION TO PREPARE FOR THE HIGH HOLY DAYS, MONDAY, SEPTEMBER 12, 7:00 PM***

Or HaLev, the Center for Jewish Spirituality at Beth El holds weekly meditations. This year's cycle begins during the month of Elul. Prepare yourself for the High Holy Days through contemplative Jewish chanting and meditation.

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## ***SELICHOT – SPIRITUAL PREPARATION FOR THE DAYS OF AWE, SATURDAY, SEPTEMBER 24, 7:00 PM***

As we enter into the High Holy Days season, this is an opportunity to reflect on our tradition, to study and to connect with each other. See page 4 for details.

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## ***EXPLORING THE WORLD OF JUDAISM, SUNDAY, SEPTEMBER 25, 9:15- 11:00 AM***

A study with Rabbi Dennis Eisner. Who is really in control? A philosophical and practical exploration of the *Unetanneh Tokef* Prayer.

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## ***TASHLICH – FRIDAY, SEPTEMBER 30 AND SUNDAY, OCTOBER 2***

*Tashlich*, meaning to cast away, is a time for us to symbolically free ourselves of our sins by casting them into a flowing body of water. See Page 5 for details on both experiences.

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## ***YOM KIPPUR AFTERNOON STUDY SESSION – SATURDAY, OCTOBER 8, 1:30 PM WITH RABBI EISNER***

**You can't take it with you – Passing on Our Values to the Next Generation.** We will explore historical and ethical wills and discuss the values that matter most to us, enabling us to pass these values onto the next generation.

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## ***REMEMBERING YOUR LOVED ONES***

The period between Rosh Hashanah and Yom Kippur is traditionally a time when you visit your loved ones at the cemetery. A *yahrzeit* candle is also lit beginning on Erev Yom Kippur (*Kol Nidre*). When you light the candle you may say the following prayer:

I (We) give thanks for the blessing of life, for companionship, and for memory. Our tradition teaches us that we never lose those we love, for love is stronger than death.

So I (we) light this candle now, and as it burns so may the memory of \_\_\_\_\_ continue to be an inspiration to me (to all of us). (The candle is lit.)

**זְכוֹרוֹנוֹ (זְכוֹרוֹנָהּ) לְבִרְכָה.**

*Zich-ro-no* (male) / *Zich-ro-na* (female) *liv-ra-cha*. May his (her) memory abide among us for a blessing.

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## **Book of Remembrance – Yom Kippur 5772**

**THE HIGH HOLY DAYS** season gives us the opportunity to remember our departed loved ones by inscribing their names in our annual *Yom Kippur* Book of Remembrance. If you have not sent in your card you may use this form. Please return by September 5.

Name of Departed: \_\_\_\_\_

Relationship: \_\_\_\_\_ of \_\_\_\_\_

Name of Departed: \_\_\_\_\_

Relationship: \_\_\_\_\_ of \_\_\_\_\_

Enclosed is a contribution of \$ \_\_\_\_\_ as an offering to the temple in memory of our beloved departed whose name(s) are to be printed in the *Book of Remembrance*.

# T'shuvah, Tzedakah & the Meaning of Mitzvah

## Selichot

SATURDAY, SEPTEMBER 24

SPIRITUAL PREPARATION FOR THE DAYS OF AWE



7:00 PM: FILM

8:00 PM: SERVICE

**18 VOICES SING KOL NIDRE** - The secrets of a sacred chant from those who have been touched by it.

How did the *Kol Nidre* become a Jewish anthem and, as it turned out, an object of intense interest for non-Jews as well? This 40 minute film will be shown, followed by a discussion, Selichot Service and wine and cheese reception.

## Yom Kippur Food Drive for SSH

Our Sunday Sandwich Hevre (SSH) is a group of volunteers that meet twice monthly to make lunches for families in need. These lunches are distributed through Samaritan House. On Erev Rosh Hashanah and Rosh Hashanah morning, our teens will pass out brown bags for you to return on Yom Kippur filled with items for

## High Holy Days Appeal A Cornerstone of Your Generosity for Over Fifty Years

PTBE has provided a foundation for Jewish living and learning for our community. Your support of the annual High Holy Days Appeal enables the temple to serve the needs of our members and the entire community. Over 300 of our members contributed \$30,000 to last year's appeal. Look for the High Holy Days Appeal letter in the mail. As we did last year, all donors will be honored in an alphabetical community list in the January/February *Kolenu*. Thank you!



these lunches. We currently are in need of individual juice boxes, individual fruit cups, cookies, and thin latex gloves.

## Sukkot



**OCTOBER 13 – 20**

Sukkot, a Hebrew word meaning booths, refers to the Jewish festival of giving thanks for the fall harvest, as well as the commemoration of the forty years of Jewish wandering in the desert after Sinai.

One tradition, which takes the commandment “to dwell in booths” literally, is to build a sukkah, a booth or hut. A sukkah is often erected by Jews during this festival, and it is common practice for some to eat and even live in these temporary dwellings during Sukkot. You are invited to fulfill this mitzvah by bringing your lunch or dinner and eating in our sukkah on the patio. You may also shake the lulav and etrog. Contact the temple office and we will be happy to provide these for your use while at the temple.

If you would like to purchase your own lulav and etrog, contact Pam in the Gift Shop by September 5. The cost is \$38, including shipping. Arrival will be just before Yom Kippur. We will bill your temple account.

**COMMUNITY SHABBAT DINNER IN THE SUKKAH**

**FRIDAY, OCTOBER 14, 5:30 PM**

Enjoy a festive meal in the sukkah. You will have the opportunity to shake the lulav and etrog. Erev Shabbat services will begin at 6:30 pm.

Cost: Adults \$18; children/seniors \$12. Payment and registration is due by October 11. You may send in your check or email [cserbin@ptbe.org](mailto:cserbin@ptbe.org) and we will be happy to bill your account.

**LAY-LED TORAH STUDY AND DINNER IN THE SUKKAH**

**THURSDAYS, OCTOBER 13 AND 20, 6:30 PM**

Bring your own dinner and study Torah with your friends in the *sukkah*.

**SIMCHAT TORAH & CONSECRATION SERVICE**

**WEDNESDAY, OCTOBER 19, 6:15 PM**

Bring your family and your friends to this joyous celebration when we take the Torahs from the ark to dance together and welcome our new students into our temple community.

**YIZKOR – SIMCHAT TORAH/SHEMINI ATZERET**

**THURSDAY, OCTOBER 20, 8:30 AM**

The Jewish calendar provides four occasions during the year when special memorial services are held: Yom Kippur, Shemini Atzeret (last day of Sukkot), the last day of Pesach, and Shavuot. It is appropriate to honor the memory of our loved ones by attending these special memorial services.



# Tashlich

*“You will cast all their sins into the depths of the sea.” – Micah 7:18-20*

*Tashlich*, meaning to cast away, is a time for us to symbolically free ourselves of our sins by casting them into a body of water. This year we are providing two opportunities to experience this tradition.

## Tashlich & Erev Shabbat Service

**FRIDAY EVENING, SEPTEMBER 30, 5:30 PM – LEO J. RYAN PARK, FOSTER CITY**

Celebrate Tashlich and Shabbat Shuvah, the Shabbat between Rosh Hashanah and Yom Kippur, on the banks of Foster City’s main lagoon while experiencing the emotional and symbolic casting away of our sins as we prepare to start the New Year with a clean slate. Bring a chair or blanket and meet in the amphitheater off of Hillsdale Boulevard.

## Tashlich at the Beach – A Family Experience

**SUNDAY, OCTOBER 2, 9:30 AM AT POPLAR BEACH, HALF MOON BAY**

(Or meet at temple to car pool at 9:00 am)

As a community, we will cast our sins into the Pacific Ocean and watch as the waves wash them away.

Enjoy a beautiful morning with other temple families and children. Bring your shovels, towels, sunscreen, snacks . . . make a day of it!

Directions: From Highway 92, turn left at Highway 1 and then right at Poplar Street. Parking is on the left. There is a short, moderately steep incline down to the beach.



## Important Ticket Information

Each adult member of the synagogue in good standing, as indicated by our records, is sent a High Holy Days ticket which must be shown at the entrance. *In good standing means that all financial obligations for the 2010-2011 fiscal year have been paid in full, and you have made your first payment for the 2011-2012 fiscal year. If you pay monthly, this means that you have paid the first month; if you pay quarterly, this means that you have paid the first quarter.* Tickets will be issued for all children 25 years and under. If you are a single adult member, you will receive an additional guest ticket at no charge.

### **YOUR TICKETS ARE ENCLOSED IN THIS PACKET**

**For quicker entry, be sure to have your ticket with you.**

Due to space limitations in our worship spaces, and respect for our members and their families, we cannot sell High Holy Days tickets to non-members.

Additional High Holy Days tickets at \$180 per ticket for children over the age of 25, unaffiliated parents and other relatives are available to members who request them. Please use the reservation form in this brochure or email [sterry@ptbe.org](mailto:sterry@ptbe.org).

If you will be traveling during the High Holy Days or will be hosting out of town guest(s) affiliated with a synagogue in their home city, please call the temple office as soon as possible to request reciprocal High Holy Days ticket(s) at no charge. The reciprocal process takes a minimum of ten days to complete.

Please know that the temple's ticket policy for High Holy Days services is necessitated by the limited number of seats available. By adhering to this policy, we ensure that there will be enough seats to accommodate our temple members and their families during these Days of Awe. Tickets are for temple members and are intended only for the person whose name is on the ticket.

**TICKETS ARE NON-TRANSFERABLE**

## Child Care

**PLEASE NOTE CHANGES  
ENJOY YOUR EARLY MORNING SERVICE WITH YOUR SCHOOL AGE CHILDREN.  
CHILD CARE WILL BE PROVIDED FOR INFANTS THROUGH PRE-SCHOOL ONLY DURING  
THE MORNING SERVICES ON BOTH ROSH HASHANAH AND YOM KIPPUR.**

**Registration by September 15 is Required for Both Sessions.**

**Space is not guaranteed for registrations received after September 15.**

**Space is limited. See page 7 for registration coupon.**

### **FOR AGES 3 MONTHS THROUGH PRE-K**

*Early Service: 8:00 - 10:00 am (or conclusion of service) - \$18/child*

*Late Service: 10:30 - 1:00 pm (or conclusion of service) - \$18/child*

- ☆ Please provide for all of your child's needs, including diapers, filled bottles, snacks, and drinks.
- ☆ Children will be divided into groups according to age. Class lists and room assignments will be posted in the upper hallway of the school wing and on classroom doors.
- ☆ Please include a brief description of your child's special care requirements in your child's diaper bag and/or discuss them with the teachers in the classroom upon arrival.
- ☆ Spaces is limited, please reserve early.



## Child Care

## Reservation Form

Parent's Name(s) \_\_\_\_\_ Day Phone Number \_\_\_\_\_

*For each child, please list name and age. Please check the box to show which sessions s/he will be attending*

Child's Name: \_\_\_\_\_ Age \_\_\_\_\_  Rosh Hashanah  Yom Kippur  
Child's Name: \_\_\_\_\_ Age \_\_\_\_\_  Rosh Hashanah  Yom Kippur

**We strongly encourage families with school age children to select the early morning service.**

Special considerations and concerns: \_\_\_\_\_

Please include total enclosed: \$18/per child, 3 months – Pre-K per session \$ \_\_\_\_\_

**This Form Must be Received By September 15 or email [sterry@ptbe.org](mailto:sterry@ptbe.org) to be billed**

## Handicapped Parking Permit

## Reservation Form

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number \_\_\_\_\_

**This Form Must be Received By September 15 or email [sterry@ptbe.org](mailto:sterry@ptbe.org)**

## Additional High Holy Days Tickets – *For Immediate Relatives ONLY* Reservation Form

*Due to space limitations in our HHD worship spaces, and respect for our members and their families, we cannot sell HHD tickets to non-members*

Member Name(s) \_\_\_\_\_ Number of Tickets Needed \_\_\_\_\_ Total enclosed \$ \_\_\_\_\_

*Children and other eligible relatives over age 25 (\$180 per ticket)*

Name \_\_\_\_\_ Relation \_\_\_\_\_ Name \_\_\_\_\_ Relation \_\_\_\_\_

Name \_\_\_\_\_ Relation \_\_\_\_\_ Name \_\_\_\_\_ Relation \_\_\_\_\_

**This Form Must be Received By September 15 or email [sterry@ptbe.org](mailto:sterry@ptbe.org) to be billed**

## Contribution to Our Annual High Holy Days Appeal



Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Yes, I would like to make a contribution to the High Holy Days Appeal.

Enclosed is my check in the amount of \$ \_\_\_\_\_ or bill my account \$ \_\_\_\_\_

email [sterry@ptbe.org](mailto:sterry@ptbe.org) to be billed \$ \_\_\_\_\_

**Thank you for your ongoing generosity to our community.**

**Donors will be honored alphabetically in a community list in the January/February Kolenu.**

# HIGH HOLY DAYS 5772 - 2011

## Important Information

We ask that you read this important information carefully to provide you, our members, with the best worship experience.

- 1. Access into the Temple Building:** Due to security and your ease, we will all enter from a single entry point in the front of the building. For the safety of our community and for the speediest entry, please show us your ticket upon entering. We will assist all of our members who need help using our ramp.
- 2. Tickets: Please note:** All members in good standing and their family members (25 years or younger) will receive a ticket for services. **Tickets are Non-Transferable.** *In good standing means that all financial obligations for the 2010-2011 fiscal year have been paid in full, and you have made your first payment for the 2011-2012 fiscal year. If you pay monthly, this means that you have paid the first month; if you pay quarterly, this means that you have paid the first quarter. If you forget your ticket, please check in at the ticket table and a replacement ticket will be issued. If you did not receive the correct number of tickets in this packet, please notify the temple office immediately.*
- 3. NEW THIS YEAR – TWO MORNING SERVICES:** *Please join us for the one service that will best meet your needs.* To meet the needs of our growing community there will be two morning services for each of our largest groups. One service serves families with children ages 5 - 12, the other serves adults and families with older teens. By offering these two worship times, we will have enough room for all of our members to more comfortably worship, enhancing our experience as well. For more information about the services or childcare, please see page 2. **We strongly encourage families with school age children to select the early morning service. Please note, there will not be childcare for school age children.**
- 4. Security:** Our community's safety is of primary concern. The side doors in Fellowship Hall will be used for exiting from services only.
- 5. Parking:** Our entire front parking lot will be reserved for handicapped parking. Please request a temple permit using the coupon in this brochure, even if you have a State issued permit. Space is limited. Entrance will be through the front of the temple only. On Erev Rosh Hashanah, Erev Yom Kippur and Yom

Kippur you will be able to park in the lot next door. On Rosh Hashanah there will be limited parking next door.



- 6. Children's Play Areas and Child Care:** With respect for these High Holy Days, the playground areas will be closed. We ask that noise be kept to a minimum to protect the sanctity of the day. A child care program is available for infants through pre-schoolers only during the morning services on Rosh Hashanah and Yom Kippur. Paid registration must be received in the temple office by September 15 to guarantee space. Please fill out the form in this brochure.
- 7. Saving Seats and Additional Seating Areas:** This has been a very delicate issue for us all. We understand that you want to be seated with your family and friends during services, but saving a large number of seats is exclusionary to those members who arrive early. Our ushers, who are themselves members of our temple community, need your support and understanding about this issue. We will try to accommodate you, but seating a member who is already there must take priority.
- 8. Book of Remembrance:** The Book of Remembrance will be distributed during the Yizkor Service on Yom Kippur. If you would like the name of your loved one listed, please send in the form on page 3 by September 5.
- 9. Transliteration of the Machzor.** Many of the prayers in the High Holy Days Prayerbook have been transliterated to allow easier participation for non-Hebrew readers. Please pick up this companion booklet along with your machzor as you enter the Sanctuary.
- 10. A Hearing Loop System** in our Sanctuary, Fellowship Hall and Fireside Room assists those who have hearing difficulties. Turn your hearing aid to the telecoil (telephone) setting in order to connect with the system. If you don't have a telecoil setting or you do not wear a hearing aid, you are welcome to borrow one of our portable units with headphones (we have a very limited number of these units) or you may use your own headphones or ear buds.

*L'shanah tova umetukah – Best wishes for a good and sweet year – Your PTBE Clergy, Staff and Board of Trustees*

### PENINSULA TEMPLE BETH EL

1700 Alameda de las Pulgas, San Mateo, CA 94403 Phone: 650.341.7701 Fax: 650.570.7183

email: mail@ptbe.org www.ptbe.org

Dennis J. Eisner, Senior Rabbi    Karen S. Citrin, Rabbi/Educator    Micah J. Citrin, Rabbi/Educator  
Cantorial Soloist, Elana Jagoda    Andi Bales, ECE Director    Saul Kaye, Musical Director  
Blair Brown, Chief Operating Officer    Lorna Siepser, President, Board of Trustees

**PLEASE: Silence all pagers and cell phones when you enter the temple and refrain from texting.**