

October 3, 10, 24
& 31
9:30—11:00 AM

Cost: 54/couple
RSVP by
September 20
cserbin@ptbe.org
650.341.7701

Yours, Mine, Ours The Basics of Making Your Interfaith Marriage Work

**A four-week workshop with
Rabbi Dennis Eisner and Cathy Bloomfield, MFT**

When two people get married, they create a new culture – blending what each brings from their families and communities. All relationships require self-awareness, vision, communication and compassion, as a couple strives to create a long lasting bond between them. As we transition and grow, our relationships mature and develop. Join us on Sunday mornings as we join together to explore our differences and celebrate our similarities.

Sessions 1 & 2 with Cathy Bloomfield

October 3 Exploring core issues. Increasing our effectiveness together—building trust and respect.

October 10 Interacting with our community: Talking with parents, children, and friends. Talking together and creating a shared vision and rituals.

Sessions 2 & 3 with Rabbi Eisner

October 24 Building traditions in our homes . . . Yours, mine ours.

October 31 The December Dilemma. Integrating our family traditions; tackling moments when our new traditions compete with our surrounding environment. In other words, the December Dilemma!

Cathy Bloomfield has been licensed as a Marriage and Family Therapist in California since 1992, following her move to California. She is currently in private practice in San Mateo. In addition to working with couples and individuals, she has taught numerous courses and workshops for married, engaged, and committed couples as well as for parents diagnosed with cancer. She has been affiliated with The Couples Institute in Menlo Park California since the year 2000, where she teaches a course for therapists learning to work with couples.